



# THE BASKETBALL COACHES ASSOCIATION OF TENNESSEE

## OCTOBER 2022 NEWSLETTER

### *Greetings* from BCAT

We want to wish you good luck as the first practice approaches. Every new season is a fresh start and is always very exciting. The October newsletter goes out to every head coach in Tennessee after this month it will only go to members for the 2022-23 school year. Currently, our membership is well over 500 for this year. If you are not sure if we have received your dues please email us in a separate email and please do not tag this email as it may get lost in the shuffle.

We will continue to send membership emails to you through December 15, 2022. Late fees will be applied to all memberships received after December 15, 2022. Membership benefits are listed on page 4 of this newsletter.

# BCAT NEWS

We want to let you know that we have restructured the BCAT and how we reach out to coaches and schools. This goes back to our original plan when the BCAT was founded in 2007 and will hopefully help the BCAT to grow from the ground up.

Each year we will have a Vice-President from East, Middle, and West Tennessee and a statewide President for the current school year that will serve a one year term. These are voted on by our Board of Directors. The Vice-Presidents from each section of the state will serve in that capacity for 2 years and then move up to BCAT President in their 3rd year. This year our President and Vice-Presidents are:

**President:**

Dion Real Head Coach Bartlett HS Boys

**Vice-Presidents:**

East: Shelley Collier - Head Coach Knoxville Webb Girls

Middle: John Wild - Head Coach Summit HS Girls

West: Dexter Williams - Head Coach Trinity Christian Boys

We have also established a Women's Basketball Committee. The purpose of this committee is to gain feedback from coaches in their area to improve the game for our Women's teams and coaches.

**Members of the committee:**

John Wild - Summit HS

Shelley Collier - Webb School-Knoxville

Tony Williams - Cleveland HS

Dana McWilliams - Upperman HS

Cory Barrett - Lebanon HS

Katie Moore - Gatlinburg Pittman HS

Brian Haskins - Martin Westview HS

Wes Shappley - Bartlett HS

Please feel free to contact them with any ideas or ways to help promote the game. We are working on establishing a Men's Basketball Committee and if you would like to serve please let us know!!

The BCAT is still looking for District or Regional coordinators who would be willing to serve to boost membership within their District/Region. This would entail just a few things:

- Gain membership from all of the coaches in their area.
- Email coaches in their area info on issues and deadlines with BCAT and Basketball.
- Send us Coach of the Year, Player of the Year, and All-District and All-Academic Teams.

Please let us know if you would be willing to serve in this capacity.

The BCAT is completely a service organization and is a 501C-3 tax exempt organization. All of our board members, Presidents/Vice-Presidents, and District Coordinators are not paid for what they do. We ask that you volunteer your time for the greater benefit of Basketball in Tennessee.

**Bruce Slatten**

BCAT Director  
931-256-0075

**Dion Real**

BCAT President 2022-23  
Head Coach Bartlett High

**Tim Halford**

BCAT Co-director  
901-494-6490

BCAT Board  
of Directors



# BCAT BENEFITS

1. Membership gives every coach coverage from our exclusive \$1,000,000 liability insurance policy.
2. Membership makes your senior children, players, and managers eligible for the \$500 BCAT Scholarships.
3. Membership gives every member a voice we can relay to the TSSAA to make the game better across Tennessee.
4. Membership makes your players eligible for the BCAT All-District, All-Academic, and All-State Teams. WE WILL HONOR PLAYERS OF THE YEAR FOR EAST, MIDDLE AND WEST IN ALL CLASSES. AS WELL AS ALL-STATE TEAMS IN ALL CLASSES. ALSO WE ARE CHANGING THE ALL-STATE GAME AND WILL NOW HAVE A GAME FOR ALL CLASSES.
5. Membership makes you eligible for our Coach of the Year awards, on the district and state level.
6. Member schools (those with a school membership) a catered meal for their team if they make the state tournament. We provided 15 meals last year.
7. Members receive weekly playbooks during the season as well as monthly newsletters that keeps coaches updated on the game.
8. Members are allowed to post on the BCAT website at [www.bcathoops.com](http://www.bcathoops.com) about anything their program may need
9. Membership will allow you to attend the BCAT Hall of Fame and All-State banquet we are starting this spring. It will be held Friday March 24, 2023.
10. Membership allows one vote for each member for the All-State team and Players of the Year awards.
11. Members receive BCAT membership cards that are good for entry to games through the region tournament as long as approved by school and district (approved by the TSSAA 2014).

Click Here  
to Join





[LINK TO BALLOGY](#)

Ballogy is a new state of the art app for coaches and players to improve their skills. It uses the technology we have and that players use daily to improve their basketball skills. It is very easy to use and gives coaches a way to measure their players progress by statistical outlines of each player's individual and team workouts. The great part of the app is that players can do the workout on their own anywhere, anytime. They video and submit it to the app and the coach gets notified when they are done and BALLOGY sends the coach the results of the workout and tracks the progress of the player from day 1 to day 100.

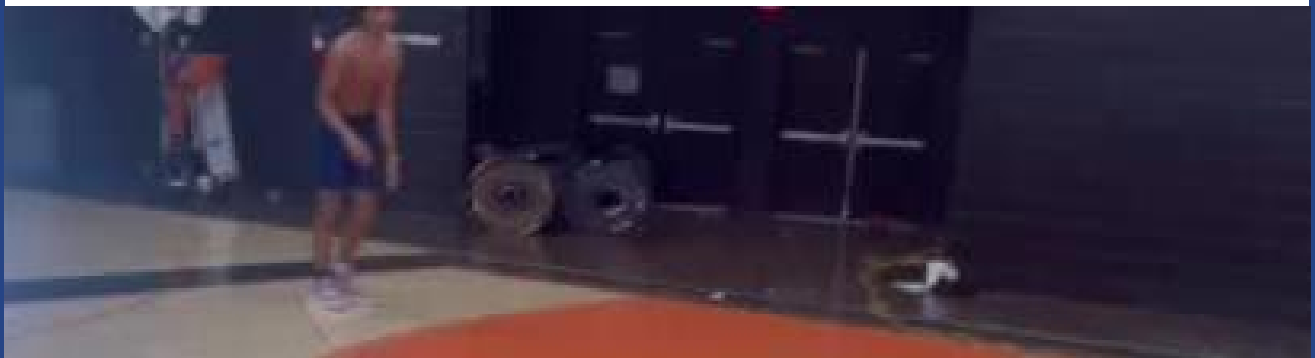
The app has built in workouts that coaches can use and coaches can make their own workouts and store them in the app. Coaches can also share with each other as it is a nationwide app. The app also allows you to have competitions within the team as well as competitions with other schools. The app continually updates the 'leaderboard' for your team or competitors. For more info, please contact Jordan Green at [jordan@ballogy.com](mailto:jordan@ballogy.com) it will change your team and make your life much easier!!



# BALLOGY

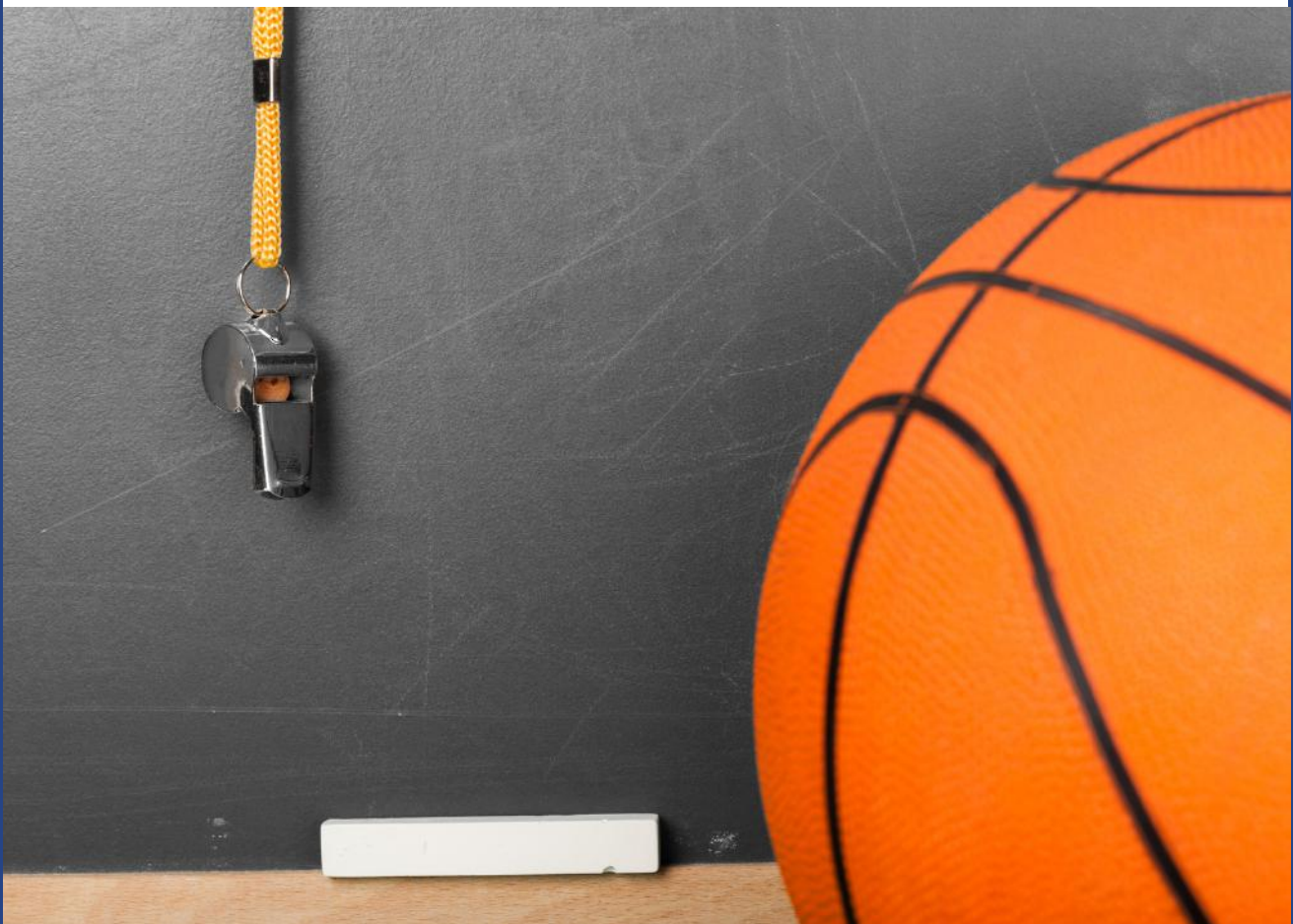
Chris Lockard the Boy's Head Coach at Clinton HS has been using Ballogy since the Spring, he has it for his elementary, middle school , and high school teams. Feel free to contact Coach Lockard to see his results. You can call him at 865-755-4599 or email him at [clockard@acs.edu](mailto:clockard@acs.edu). Also, we have attached 2 Videos of Coach Lockard using Ballogy.

you may contact Jordan Green at [jordan@ballogy.com](mailto:jordan@ballogy.com) it will change your team and make your life much easier!!



# COACHING U LIVE

The BCAT has partnered with COACHING U LIVE to provide BCAT members with a video platform to watch our clinic videos as well as all of the COACHING U videos for the past 15 years. COACHING U provide the absolute best coaching, teaching, and instructional basketball videos on the market today. BCAT member coaches can access 1,000's of hours of video for \$5.99 per month or \$59.99 per year. When new coaches join the BCAT you will receive a link to access ALL COACHING U VIDEOS.



# BCAT COACHING TIPS

## Offensive Skill Progression Drill with Noel Emenhiser – Madonna UniV

Watch as Coach Noel Emenhiser explains, and players demonstrate this skill progression drill. This is a 4-minute drill with each minute dedicated to a specific action of their read-and-react offense. The 1st minute focuses on face cuts, the 2nd minute works on face cuts to rear cuts, the 3rd minute works on driving and reacting to the dribble, and the 4th minute works on driving off the slot and filling behind it.

<https://coachesinsider.com/mens-basketball/offensive-skill-progression-drill-with-noel-emenhiser-madonna-univ/>

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## Adversity Is Part of the Journey with Seth Greenberg – ESPN:

Watch as Seth Greenberg explains that adversity 'visits the strong and lives with the weak,' so the only option is to deal with it. He encourages no whining, no complaining, no excuses, and no regrets. The standard that you hold to your team must also apply to you as their coach.

<https://coachesinsider.com/mens-basketball/adversity-is-part-of-the-journey-with-seth-greenberg-espn-7/>

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## Coaching Is a Noble Profession with Jay Bilas – ESPN Basketball Analyst:

Coaches hold a lot of power and influence over their players and have a responsibility to make sure the entire team has a great experience. It is not only about winning and losing, and the overall experience should be more important than the final score.

<https://coachesinsider.com/mens-basketball/coaching-is-a-noble-profession-with-jay-bilas-espn-basketball-analyst-6/>



# BCAT NCAA LIVE EVENTS

The BCAT held our 3rd annual NCAA Live Recruiting camps this past June. At the BCAT HOOPFEST in Memphis June 17-19th, we hosted 104 of our high school boys' teams and played over 250 games. We had over 100 college coaches at all levels attend to watch the Tennessee talent on display. Needless to say, it was a huge success.

THE BCAT WILL BE HOSTING TWO SESSIONS OF THE HOOPFEST JUNE 16-18 AND JUNE 23-25. MORE INFO IS COMING AND WE WILL ANNOUNCE THE SITE OF BOTH EVENTS IN EARLY JANUARY.

The BCAT also held our 2nd annual Girls HOOPFEST June 16-17 at Lebanon High School. This event featured 32 teams from across Tennessee and we played almost 70 games. Unlike the boys HOOPFEST, Division-I coaches could not attend but there were over 15 college coaches in attendance from D-II, D-III, NAIA, and JUCO schools.

WE ARE EXCITED TO ANNOUNCE STARTING IN JUNE 2023, THE NCAA HAS ADDED THE JUNE SCHOLASTIC RECRUITING EVENT TO THE WOMEN'S BASKETBALL RECRUITING CALENDAR. THIS MEANS THAT D-I COACHES CAN NOW ATTEND!! THE BCAT WILL HOST THIS JUNE 15-17. WE WILL ANNOUNCE THE HOST SITE ASAP!

The BCAT Top 100 camp was also a tremendous success. Held at Lebanon High School June 25th we had a great day of work for 100 of our top players with over 40 college coaches attended to evaluate our Tennessee talent.

# BCAT ALL STATE

BCAT's goal is to honor the best players and coaches from each classification in Tennessee while growing our organization. After reviewing our last several All-Star games, BCAT decided to replace the all-star game with an ALL-STATE GAME.

Players and Coaches will be honored as BCAT ALL-STATE within the following classes:

- A                                   D 2 A
- AA                                   D 2 AA
- AAA
- AAAA

Teams will be divided into EAST vs WEST.

The EAST teams will be selected from Regions 1-4.

The WEST teams will be selected from Regions 5-8.

D 2 A EAST will be Regions 1-3.

D 2 A WEST will be Regions 4-6.

D 2 AA EAST will be the East Region and ½ of Middle Region.

D 2 AA WEST will be the West Region and ½ of Middle Region.

To play or coach, the school MUST be a member of BCAT. Players and coaches will be selected by nominations. The deadline for nominations will be December 23, 2022. We have this date to ensure uniforms for the players.



# BCAT ALL STATE

Girls' nominations should be sent to a BCAT Girls Committee Member found at the link below.

[Link to BCAT GIRLS COMMITTEE](#)

Boys' nominations should be sent to a BCAT Boys Committee Member found at the link below.

[Link to BCAT BOYS COMMITTEE](#)

Selected BCAT All State players and coaches will be honored at a banquet, along with BCAT Hall of Fame Inductees on Friday, March 24, at Lebanon High School. Former University of Georgia Women's Coach Andy Landers will be the speaker.

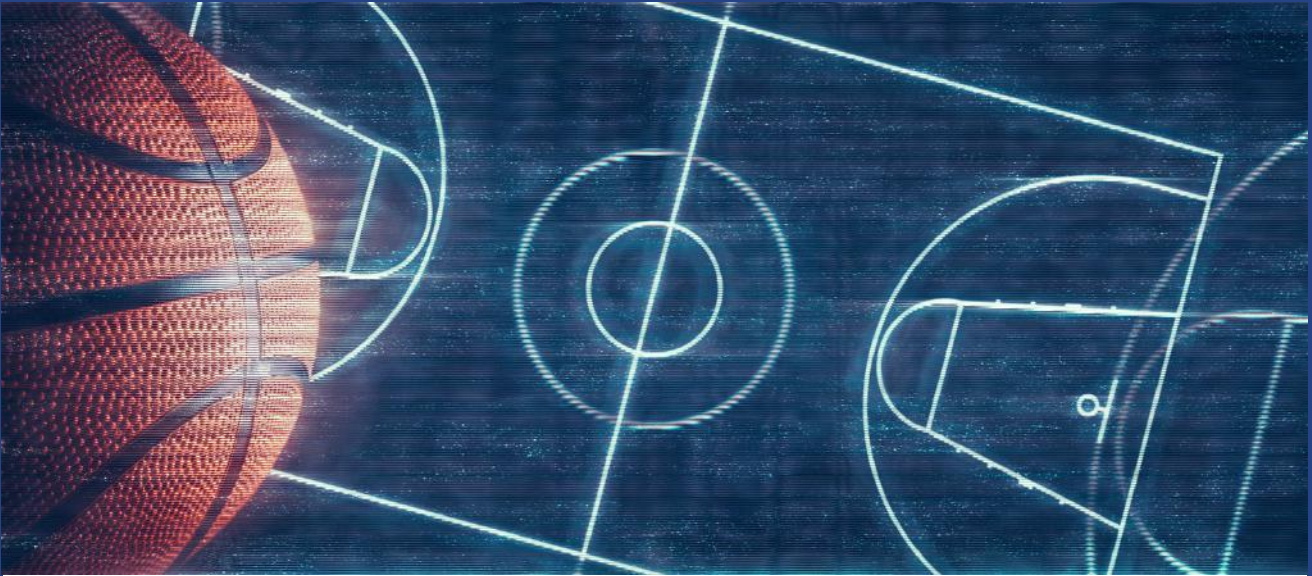
Players will receive a uniform and apparel, courtesy of BSN Sports. 24. The All State games will be held All games will be held at Lebanon High School on Saturday, March 25.

Thanks,

Tim Halford Co-Director BCAT



# SHOT CLOCK SURVEY



Coaches:

Please take the time to complete the Shot Clock survey. We need everyone to complete so our data we share with the TSSAA will be a good representation from our coaches.

SHOT CLOCK SURVEY

# BCAT SPONSORS



Our mailing address is:  
PO Box 6306 Sparta, Tn 38583